

# Stigmatizarea persoanelor cu probleme de sănătate mintală

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**Title:** Stigmatization of people with a mental disorder

**Abstract:** Many studies focus their investigation on two types of stigma regarding mental illnesses: public stigma and self stigma. Furthermore, because of its complexity and importance, we can assess that structural stigma has to be added to the other two types of stigma. Superficial stereotypes incite discriminatory behavior against people suffering mental illnesses. The diagnoses, in this context, can be considered as a form of negative labeling of individuals, which can lead to social rejection. People with mental disorders are not only aware about the public perception, but they also internalize this rejection, which gives them the idea that they are unworthy in the social context. The acceptance of this kind of reflections produces self-stigmatization.

**Keywords:** identity, self expression, mental disorder, discrimination, social disclosure, stigma,